

What do the following have in common?



<https://www.youtube.com/watch?v=yj46BWpxFcA&t=37s>
https://www.youtube.com/watch?v=DoNdjfGN_pg

Teaching and Performing?

<https://www.youtube.com/watch?v=THSGULuHhJM>

Vocal Warm up

- Let's start with the face. Carrying out these jaw stretches and massages helps to warm up your face so that it can shape and form vowel sounds with efficiency and land consonants with clarity. Give the following a try:
- Chew on an imaginary piece of toffee, making sure your mouth is closed and imagine the toffee gradually getting bigger
- Make your face as small and then as big as you can. Do this three times

Tongue twister

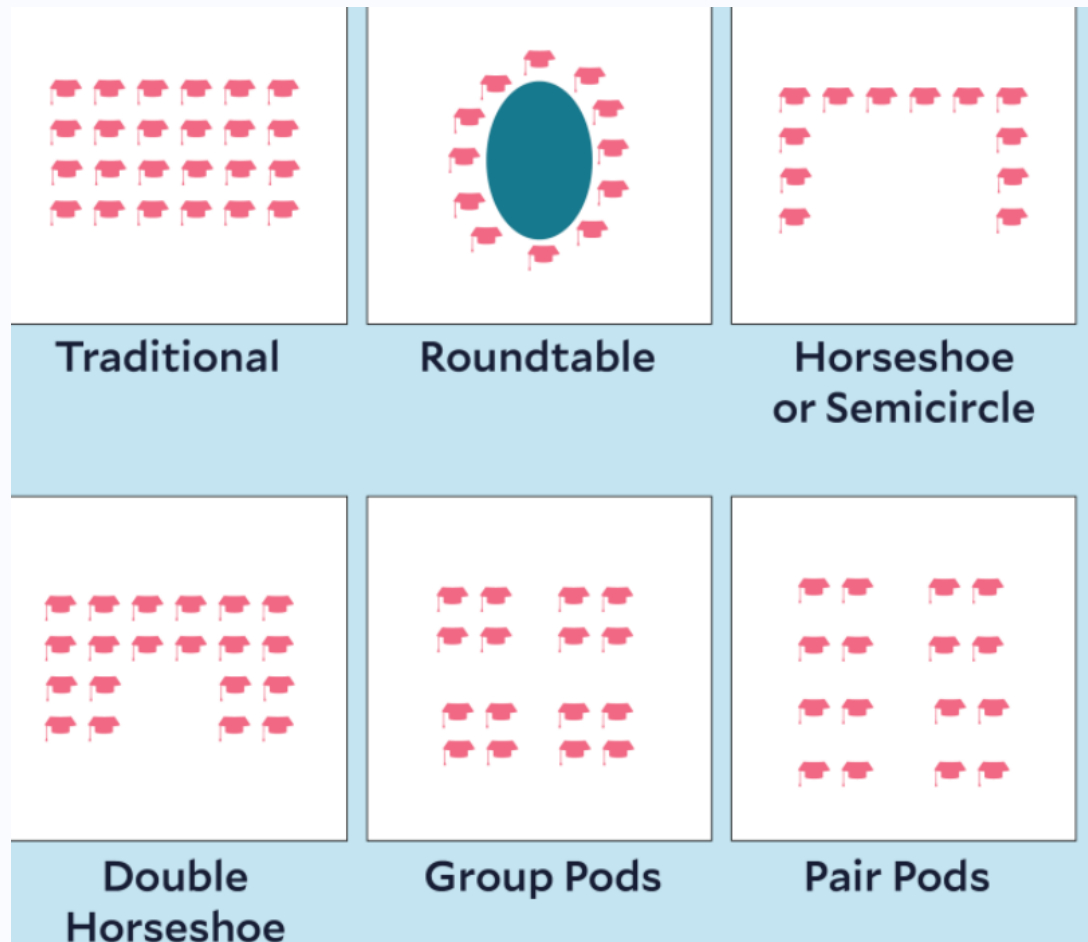
**Peter Piper picked a peck of pickled peppers.
A peck of pickled peppers, Peter Piper picked.
If Peter Piper picked a peck of pickled peppers.
Where's the peck of pickled peppers Peter Piper
picked?**

Physical Presence

- <https://www.youtube.com/watch?v=cef35Fk7YD8>
- Watch from 1.45 – 2.54
- Rehearse in pairs/threes and share thoughts....

Body and Space

- For each seating plan
- Discuss: Where do you stand to give instructions?
- During group work?
- For individual interventions?

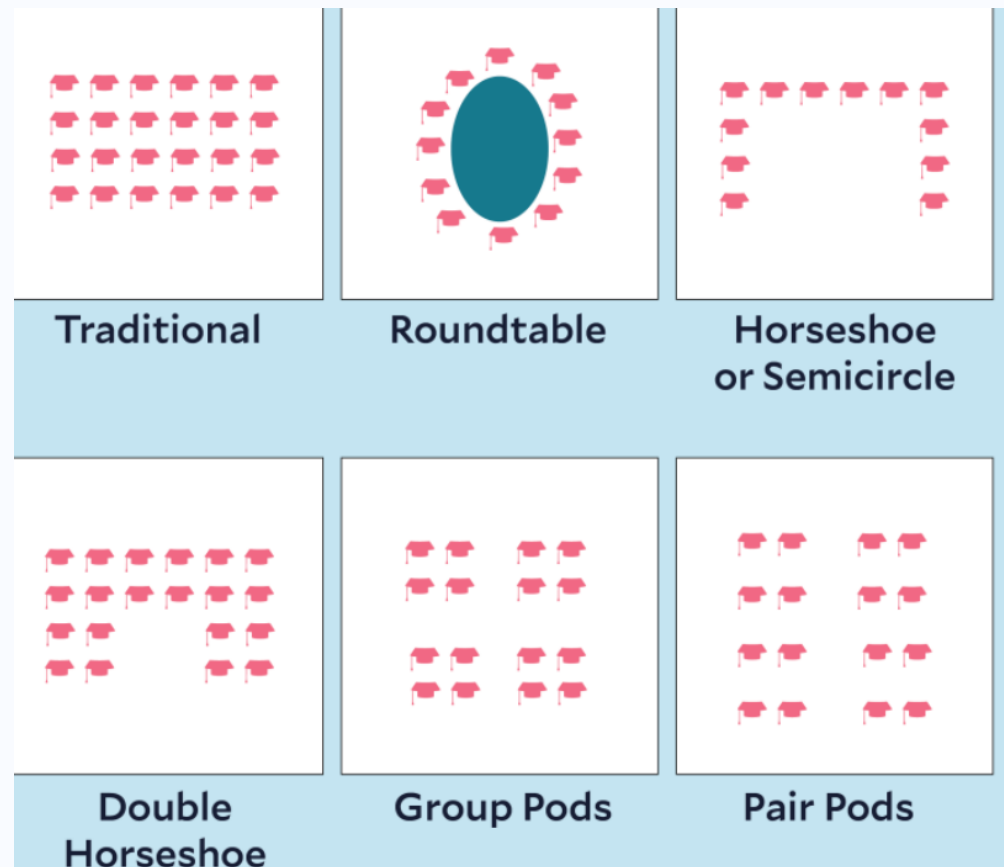


Pupils are in group work and starting to get loud.

One student is off-task

Five students around the room are off-task

Where would you stand in each situation — discuss choices.
Discuss how proximity, visibility, and movement affect control and presence.



Your Turn

On your tables, practice “the pause”: enter a room, stand still, scan the room in silence before speaking

- Eye contact challenge: make eye contact with 4 people before speaking

Voice

Think of your volume on a scale of 1-10.

Let's try out 1.....

8...

And try a volume of 5 together as a middle ground
....

Practice giving concise, clear instructions with presence

How to do it:

- Pick a task you need to direct peers to complete (e.g., “Open to page 15, highlight 3 key terms, and work in pairs.”)
- Must deliver in under 30 seconds with presence — no rambling or hesitation.
- Peers follow the instructions literally to test clarity.

Variation: Try rehearsing instructions with and without eye contact, pausing, or clear tone — notice the difference in reception.